

Hidden Names of Sugar & Artificial Sugar

Agave	Dextrin	Malt
Aspartame	Dextrose	Malt Extract
Barley Malt	Diastase	Maltodextrin
Beet Sugar	Diastatic Malt	Maltose
Blackstrap Molasses	Disaccharides	Maple Syrup
Brown Rice Syrup	Equal	Molasses
Brown Sugar	Ethyl Maltol	Muscovado Sugar
Buttered Sugar	Evaporated Cane Juice	Polysaccharides
Cane Juice	Fructose	Rated Cane Juice
Cane Juice Crystals	Fruit Juice Concentrate	Raw Sugar
Cane Juice Solids	Fruit Juice Crystals	Refiner's Syrup
Cane Sugar	Fruit Puree	Rice Extract
Caramel Syrup	Galactose	Rice Syrup
Carob Syrup	Glucose	Saccharin
Coconut Syrup	Glucose Solids	Sorghum Syrup
Concentrated Fruit Juice	Golden Sugar	Splenda
Confectioners' Sugar	Granulated Sugar	Sucanat
Corn Sugar	Grape Sugar	Sucralose
Corn Syrup Solids	High-Fructose Corn	Sweet'N Low
Crystalline Fructose	Syrup	Table Sugar
Date Sugar	Honey	Tapioca Syrup
Demarara Sugar	Icing Sugar	Turbinado Sugar
Dextran	Invert Sugar	Yellow Sugar